

# **Counseling Virtual Learning 3rd Grade Cooperation Adventure** April 6-10, 2020



### 3rd Grade Counseling Lesson: April 6-10, 2020

### Learning Target:

Students will observe how to work with others and learn the importance of cooperation.

 Students will reflect on their individual cooperation skills • Students will learn the benefits and consequences of being cooperative or uncooperative

# WHAT IS COOPERATION?

Acting or working together to achieve a common goal

## WATCH THIS SHORT VIDEO:

(CLICK ON THE LINK BELOW IN WHITE)

### Rock, Paper, Scissors. Be Together. Not the Same

• How did the characters in the video show cooperation skills?

• What did the "mean" characters do that were uncooperative?

You will be given a problem. Think about how you act at your best and at your worst. You will be presented with two different paths, the villain and hero.

Which will win???

# PROBLEM:

Someone is bothering you. They make funny faces and say mean things. Your feelings are hurt and you are starting to get angry.

What can you do?

# CHOOSE YOUR OWN ADVENTURE





### Take a look at the first path...

 $\rightarrow$ 

### **Your Action**

→ Yell at them until they → stop

#### <u>Results</u>

You have the adults attention

- $\rightarrow$  You get back at them
- You both get in trouble

- You are missing out on free time at home
- → You are feeling angry and can't relax



Now take a look at a different path...

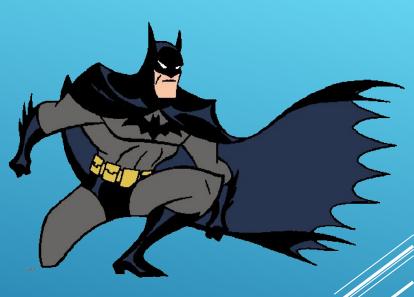
#### **Your Action**

→ Let it go and try to ignore them

### <u>Results</u>

- It isn't worth getting in trouble
- Try to communicate
  that they are making ->
  you angry
  - Move away from them

- Ask for help from an adult if they keep going
- You feel good, get to have free time AND stay out of trouble



Hero

Reflect on your behavior and actions when you are at your best and at your worst.

What are the benefits of going down the Hero path?

Teamwork and cooperation are skills people use in every part of their life: at home with families, with friends, at school, and in the community.

What are some other ways you can show cooperation at home and in your community?

